

The Andrew Connection

2013 is our
40th Anniversary Year!
Celebrating our past... embracing our future

The Andrew Connection
is printed quarterly by
Andrew Residence
as a service to the
family and friends of
our residents

Ground was broken for Andrew Residence in 1971. It opened as Andrew Care Home, a Boarding Care Facility, in November of 1973. It was named "Andrew" after the St. Andrew's Hospital that once stood in southeast Minneapolis near the University of Minnesota. As a young man, Andrew's original builder and owner had recovered from a serious illness at St. Andrew's Hospital. As a tribute to his recovery, Andrew Care Home was named after the hospital.

In 1980, Andrew was purchased by a local Rabbi and his wife (the Sharona Corporation). That same year, staff members aggressively worked to implement the newly developed programming rules for serving persons with mental illness. This new rule (Rule 36) became the standard for residential programs offering 24-hour care and programming on site. At Andrew, it was the start of the services that today includes an array of evidence-based illness management and recovery psy-

chiatric rehabilitation services.

Beverly Enterprises (now Golden Living), one of the nation's largest owners of long-term care facilities, purchased Andrew in 1983. We began integrating psychiatric nursing services with psychiatric rehabilitation. This holistic approach to care is one of the qualities that makes Andrew unique and enables us to provide services to residents whose physical health needs can rarely be met elsewhere.

In 2000 Andrew Residence began the new millennium as an independent organization and formally changed its name to Andrew Residence.

Today, we continue to provide quality services and to meet the challenge of increasing the satisfaction of our residents, our staff, and the larger community of people who have a stake in improving the lives of persons experiencing a mental illness.

Happy Anniversary!



A Message from Our Executive Director, Karen Foy

Hello Family and Friends:

Perhaps the snow will be gone for our Family and Friends Dinner this Sunday, April 14th, 11:30am - 1:00pm. Residents always receive a personal invitation and encouragement to invite loved ones. We ask residents to eat their meal during a specific time for their floor during these special dinners to keep the meal flowing smoothly. We've told them - and want you to know as well - that a resident with a guest(s) can eat whenever it is convenient, not only during the suggested time.



Residents have been pleased with the changes in the Commons. It's overall a more warm and welcoming space. I hope you've been able to enjoy the new furniture - most of the pink/mauve furniture is gone, replaced with the soothing green tones. We have ordered a recumbent bike for each floor lounge. We now have about 60 residents using the Fitness Center, just one symbol of our "culture change" toward healthier living. Another change due to our Strive to Thrive/MN 10 x 10 focus is that staff no longer transport residents to the store to purchase cigarettes, nor will they run this errand for residents. It seems quite contradictory for staff to do so when we are encouraging healthy living, particularly smoking reduction/cessation and weight loss. Additionally, in the next few months we will become a 'smoke-free campus' for staff. We've encouraged interested staff to participate in determining how this transition can be made as smoothly as possible.

Would you like to receive The Andrew Connection electronically? If so, please send an email to us at info@andrewres.com requesting this. Also, please remember to check www.andrewresidence.com - you can find the menu, a schedule of groups and activities, and previous copies of The Andrew Connection. You might want to share this website with other family members so they can learn more about Andrew Residence. Also, you can "Like" us on Facebook!

Please stop in to say "hello" the next time you're at Andrew.



Andrew Residence Family Services



Treatment Planning Meetings

We consider you an important part of the treatment team. Every three months each resident participates in a meeting to review progress of the last quarter and to plan for the next. With your family member's permission we welcome your participation in these meetings. Please talk to your family member or staff on his/her floor for more information.

Family & Friends Dinners

Please come **Sunday, April 14th** from 11:30am – 1:00pm. This is a time for each resident to invite friends and family to share a delicious meal at Andrew. Each resident can host 2 guests free. Additional guest meals are \$10 for adults and \$5 for children 12 and under.

Family Contacts

Two family members serve on our Advisory Board and they welcome you to contact them if you would like a family perspective: Helen K. (952-884-1690) or Nikki E. (952-933-5320).

Family Council

Although we have an active Community Council in which residents are involved, we do not have a Family Council at this time. Please contact Hilary Greene at (612) 333-0111 if you are interested in starting one.

www.andrewresidence.com

Check our website where you can view groups offered, our menu, resources and past issues of The Andrew Connection.

Education and Support

We recommend the following organizations to you for support groups, educational programs, and advocacy:

NAMI-MN
(National Alliance On Mental Illness - Minnesota)

Phone: 651-645-2948
Toll Free: 1-888-473-0237
website: www.namimn.org

Mental Health Association of Minnesota

Phone: 612-331-6840
Toll Free: 1-800-862-1799
website: www.mentalhealthmn.org

<u>Floor</u>	<u>Program Director</u>
2nd	Christie Matts cwm@andrewres.com
3rd	Nicole Moore nas@andrewres.com
4th	Maisie Fossie mkp@andrewres.com
5th	Rita Grev rlg@andrewres.com

<u>Resident Floor Phone Numbers</u>	
2nd	612-333-1148
3rd	612-333-1232
4th	612-333-1364
5th	612-333-1442



1215 S 9th Street
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www.andrewresidence.com



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**The Mission of
Andrew Residence
is to promote
compassion and
respect in a
therapeutic residential
community where
quality mental and
physical health
services are provided.**



Family/Friend Survey Results

We provide a formal Family/Friend Survey every two years (and welcome your comments and ideas ANY time!). Thanks to the 23 people who returned the Family/Friend Survey last Fall. We had hoped that giving the survey personally when you visited, and making it available on our website would render a higher rate of return than past years when it was mailed with The Andrew Connection. The return rate is essentially the same and we appreciate those who shared their opinions. The overall results were positive, with highest scoring items including that you feel welcomed when you come to Andrew, helping you stay involved with your loved one, providing a safe, secure, clean environment with staff who offer professional, respectful care and meet resident needs. Lower scoring items included feeling Andrew is not doing our best with teaching residents independent living skills, providing special events and activities and providing activities in the community. (You are welcome to check the activities calendar on bulletin boards when you are here or find it at www.andrewresidence.com/news and events/groups and events calendar). We have shared these results with staff and we appreciate your good ideas! Happily, two previously lower scoring questions received higher scores this time: providing you with helpful, timely information and providing you with a private place to meet when you visit. If you would like to see the full results of this survey, please contact Hilary Greene, our Quality Coordinator.