

**Salad-to-Go Options Available Monday through Friday for Lunch or Dinner are Fresh Fruit, Santa Fe Chicken or Vegetarian Korean BBQ Quinoa Wrap**

MONDAY 9/3/18	TUESDAY 9/4/18	WEDNESDAY 9/5/18	THURSDAY 9/6/18	FRIDAY 9/7/18	SATURDAY 9/8/18	SUNDAY 9/9/18
<b>Fresh fruit is available at all meals</b>						
<p>Orange juice Fresh Fruit Bagel Sausage Patty Cream of Wheat</p> <p>Assorted Dry Cereals</p> <p>Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Blueberry Pancakes Apple Wood Smoked Bacon Oatmeal</p> <p>Assorted Dry Cereals</p> <p>Coffee-Tea-Milk</p> 	<p>Orange juice Fresh Fruit Cheese Omelet Malt-O-Meal</p> <p>Assorted Dry Cereals</p> <p>Toast with Jelly</p> <p>Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Biscuits and Gravy Cream of Wheat</p> <p>Assorted Dry Cereals</p> <p>Coffee-Tea-Milk</p> 	<p>Orange juice Fresh Fruit Scrambled Eggs Cream of Rice</p> <p>Assorted Dry Cereals</p> <p>Toast with Jelly</p> <p>Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Sausage Links Donuts Oatmeal</p> <p>Assorted Dry Cereals</p> <p>Coffee-Tea-Milk</p> 	<p>Orange juice Fresh Fruit Ham Steak Cinnamon Streusel Malt-O-Meal</p> <p>Assorted Dry Cereals</p> <p>Coffee-Tea-Milk</p>
<p>Vegetable Soup Beef Chili Turkey Sub Sandwiches/ Potato Chips</p> <p>Mixed Vegetables Cauliflower Tomato Basil Salad</p> <p>Strawberry Cream Pie</p> <p>Coffee-Tea-Milk</p> 	<p>Chicken Noodle Soup Grilled Vegetable Sandwich Sesame Chicken Salad</p> <p>Broccoli Spinach</p> <p>Pound Cake</p> <p>Carrot / Celery Sticks &amp; Dip</p> <p>Coffee-Tea-Milk</p>	<p>Chilled Strawberry Soup Chicken Sandwich/ Lettuce Beef Lasagna / Garlic Bread Cauliflower Zucchini Pickled Beet Salad</p> <p>Chocolate Pudding</p> <p>Coffee-Tea-Milk</p> 	<p>Minestrone Soup BBQ Chicken Smothered Pork Chop Mashed Potatoes</p> <p>Corn on the Cob Spinach Potato Salad Strawberry Yogurt Parfait</p> <p>Coffee-Tea-Milk</p>	<p><b>See Posting for Menu</b></p> 	<p>Tomato Soup Grilled Cheese Sandwich Shaved Turkey Sandwich French Fries</p> <p>Broccoli Spinach Chilled Mandarin Oranges Oatmeal Cookies</p> <p>Coffee-Tea-Milk</p>	<p>Chicken Rice Soup Egg Salad Sandwich with Potato Chips Cheese Burger Macaroni Dinner Brussels Sprouts Scandinavian Veg. Waldorf Apple Salad Orange Gelatin Parfait</p> <p>Coffee-Tea-Milk</p>
<p>Chicken Chow Mein over Rice Ham &amp; Cheese Pasta Salad Bavarian Sauerkraut Oriental Vegetables Chilled Melon Cubes Chocolate Cake</p> <p>Coffee-Tea-Milk</p> 	<p>Black Bean Casserole Spaghetti with Meat Sauce</p> <p>Brussels Sprouts Carrots Banana Butterscotch Bars</p> <p>Coffee-Tea-Milk</p>	<p>Bean and Cheese Enchilada Fish and Chips Wax Beans Stewed Tomatoes Pineapple/ Cottage Cheese Salad</p> <p>Gingerbread with Whipped Topping</p> <p>Coffee-Tea-Milk</p>	<p>Chicken Noodle Casserole Vegetarian Pizza</p> <p>Sliced Carrots Broccoli Tossed Salad Spumoni Ice Cream</p> <p><b>BACK TO SCHOOL</b></p> 	<p>Beef Taco</p> <p>Italian Sausage Sandwich / Pickle Spear Beets Fiesta Blend Veg</p> <p>Fresh Fruit in Season Apple Crisp</p> <p>Coffee-Tea-Milk</p>	<p>Meat Loaf/Scalloped Potatoes Turkey Ala King / Toast Points Green Beans /Almonds Asparagus Carrot Pineapple Salad Strawberry Mango Slushie</p> <p>Coffee-Tea-Milk</p> 	<p>Yankee Pot Roast Oven Fried Chicken Mashed Potatoes/Gravy Squash Capri Vegetables Cucumber Salad</p> <p>Strawberry Shortcake</p> <p>Coffee-Tea-Milk</p>

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MONDAY 9/10/18	TUESDAY 9/11/18	WEDNESDAY 9/12/18	THURSDAY 9/13/18	FRIDAY 9/14/18	SATURDAY 9/15/18	SUNDAY 9/16/18
<b>Fresh fruit is available at all meals</b>						
<p>Orange juice Fresh Fruit Ham and Cheese Breakfast Croissant Cream of Wheat Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit Eggo Waffles Apple Wood Bacon Oatmeal Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit Cheese Omelet Malt-O-Meal Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit French Toast Sausage Links Cream of Wheat Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit Scrambled Eggs Cream of Rice Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit Breakfast Pizza Oatmeal Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit Ham Steak Cinnamon Roll Malt-O-Meal Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>
<p>Vegetable Soup Grilled Turkey Burger Fettuccini with Alfredo Sauce</p> <p>Wax Beans Cauliflower Chilled Pears Frosted White Cake</p> <p>Coffee-Tea 1% milk</p>	<p>Cold Asparagus Soup Chef Salad California Burger Bahamas Vegetables Stewed Tomatoes Chilled Tropical Fruit Dutch Apple Pie</p> <p>Coffee-Tea 1% milk</p>		<p>Black Bean Soup Fried Chicken BBQ Ribs Steak Fries Carrots Broccoli Potato Salad Red White and Blue Dessert</p> <p>Coffee-Tea 1% milk</p>	<p>Asian Vegetable Soup Asian Platter Fish Sticks French Fries Mixed Vegetables Brussel Sprouts Brownies Three Bean Salad</p> <p>Coffee-Tea 1% milk</p>	<p>Vegetable Beef Soup Smothered Steak Chicken Nuggets Hash Browns Asparagus Cauliflower Tossed Salad Sugar Cookie</p> <p>Coffee-Tea 1% milk</p>	<p>French Onion Soup Chicken Salad Sandwiches / Potato Wedges Cheeseburger Potato Wedges Monte Carlo Blend Vegetables Peas Banana Split Dessert Diced Peaches Coffee-Tea 1% milk</p>
<p>Pork Almond Rice Casserole Cottage Cheese Fruit Plate Sliced Carrots Broccoli Tossed Salad Vanilla Pudding</p> <p>Coffee-Tea-1% milk</p>	<p>Beef Burrito Turkey Pastrami Sub Sandwich / Potato Chips Capri Blend Vegetables Green Beans Chilled Apricots Angel Food Cake</p> <p>Coffee-Tea-1% milk</p>	<p>French Dip Sand Chicken Stir Fry/ White Rice Diced Beets Spinach Chilled Pear Salad Strawberry Mango Slushie</p> <p>Coffee-Tea-1% milk</p>	<p>Chicken Enchilada Taco Pizza Sauerkraut Cauliflower Marinated Vegetable Salad Chocolate Chip Cookies</p> <p>Coffee-Tea-1% milk</p>	<p>Tuna Pasta Salad Chicken Pot Pie Italian Blend Vegetables Spinach Creamy Cucumber Salad Frozen Yogurt</p> <p>Coffee-Tea-1% milk</p>	<p>Vegetable Quiche with Dinner Roll Chicago Style Hot Dog with Sour Cream Pot Wedges Peas Caribbean Blend Chilled Pineapple Chunks Cherry Crisp</p> <p>Coffee-Tea -1% milk</p>	<p>Meat Loaf Roast Turkey Mashed Potatoes/ Gravy Diced Beets Oriental Blend Veg Fresh Strawberries M&amp;M Cookie</p> <p>Coffee-Tea-1% milk</p>

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MONDAY 9/17/18	TUESDAY 9/18/18	WEDNESDAY 9/19/18	THURSDAY 9/20/18	FRIDAY 9/21/18	SATURDAY 9/22/18	SUNDAY 9/23/18
<b>Fresh fruit is available at all meals</b>						
<p>Orange Juice Fresh Fruit Pancakes Sausage Patty Cream of Wheat Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Hard Cooked Eggs Muffin Oatmeal Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Spanish Omelet</p> <p>Malt-O-Meal Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Hash Browns Applewood Smoked Bacon Cream of Wheat Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Scrambled Eggs</p> <p>Cream of Rice Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Sausage Links Donuts Oatmeal Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Ham Steak Coffeecake Malt-O-Meal Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>
<p>Chicken Rice Soup Macaroni / Cheese Chicken Caesar Salad</p> <p>Brussel Sprouts Monte Carlo Blend Vegetables Grapes Pineapple Upside Down Cake</p> <p>Coffee-Tea-Milk</p>	<p>Beef Barley Soup Korean Beef Bowl over Quinoa</p> <p>Grilled Chicken Quesadilla Spinach Carrots Chilled Applesauce Home Made Ginger Cookie</p> <p>Coffee-Tea-Milk</p>	<p>Cream of Broccoli Soup BBQ Pork Sandwich</p> <p>Asian Chicken Salad</p> <p>Mixed Vegetables Green Beans w/Onions Blush Pear Salad</p> <p>Frozen Yogurt</p> <p>Coffee-Tea-Milk</p>	<p>Lentil Soup Orange Honey Chicken with Oven Browned Potatoes Vegetarian Lasagna</p> <p>Peas Cauliflower Tropical Fruit Salad Banana Bread</p> <p>Coffee-Tea-Milk</p>	<p>Tortilla Soup Fish Patty on Bun/ French Fries Smothered Grilled Chicken Burrito</p> <p>Beets Brussels Sprouts</p> <p>Coleslaw Peanut Butter Cookies</p> <p>Coffee-Tea-Milk</p>	<p>Chicken Noodle Soup</p> <p>Baked Spaghetti Grilled Ham and Cheese Sandwich Key Largo Blend Vegetables Green Beans Orange Gelatin Parfait Fresh Fruit</p> <p>Coffee-Tea-Milk</p>	<p>Old Fashioned Cabbage Soup BLT Sandwich Shaved Turkey Sandwich / Kettle Chips</p> <p>Stewed Tomatoes Zucchini Cottage Cheese Strawberry Yogurt</p> <p>Coffee-Tea-Milk</p>
<p>Stuffed Shells with Red Sauce</p> <p>Pork Patty on Bun with Potato Wedges</p> <p>Green Beans Beets Tossed Salad Strawberry Parfait</p> <p>Coffee-Tea-Milk</p>	<p>Turkey Pot Pie Vegetarian Chili with Corn Bread</p> <p>Capri Vegetables Scandinavian Blend Vegetables</p> <p>Cranberry Relish Plate Apple Crisp</p> <p>Coffee-Tea -Milk</p>	<p>Philly Beef Sandwich Tuna Salad Sandwich Potato Chips Carrots Steamed Cabbage</p> <p>Chilled White Grape Juice Genes Chocolate Chocolate Chip Cookies</p> <p>Coffee-Tea -Milk</p>	<p>Chicken/Pineapple/ Pasta Salad</p> <p>Pepperoni Pizza</p> <p>Wax Beans Broccoli Chilled Mandarin Oranges Peach Cobbler</p> <p>Coffee-Tea-Milk</p>	<p>Salmon Loaf with Dill Sauce and Baked Potato</p> <p>Beef Ravioli</p> <p>Asparagus Italian Blend Vegetables Creamy Cucumbers</p> <p>Marble Cake</p> <p>Coffee-Tea-Milk</p>	<p>Chicken Sandwich/ Tri Tators Beef Chow Mein/ White Rice</p> <p>Sauerkraut Carrots Creamy Apple Salad Banana Pudding</p> <p>Coffee-Tea -Milk</p>	<p>Roast Beef/Gravy Mashed Potatoes</p> <p>Oven Fried Chicken</p> <p>Corn Winter Blend Vegetables Tossed Salad</p> <p>Pumpkin Bar</p> <p>Coffee-Tea-Milk</p>