

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>LOCATIONS: B9 Basement LC Learning Center MR Music Room CR Community Room DR Dining Room FSL Floor Small Lounge FTV Floor TV Lounge COM Commons FC Fitness Center IR Iris Room AR Activity Room *Community Groups meet by the Iris Room*</p>	<p>1:1's with Living Skills Instructors 2nd Haoseng Thao 3rd Brittney Dula 4th Ryan Voiles 5th Cole Weyland</p>	<h1 style="margin: 0;">DECEMBER</h1>			<p>1 2:30 Free Art—AR (Mollie) 3:00 Queer and Straight Alliance Group—LC (Blake, Felix) 3:30 DBT Skills - LC (Shayna, Taya)</p>	<p>2 2:00 Saturday Social - DR (Social Workers)</p> <p style="text-align: center;">SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION</p>
<p>3 SEE POSTERS FOR WEEKEND ACTIVITIES INFORMATION</p>	<p>4 2:00 Shopping at Walmart—IR (Mollie) 2:30 Jewelry Making - DR (Katie) 3:00 Interpersonal Skills Group—CR (Shayna, Nicole) 3:30 Chemical Health Process—LC (Emily C) 4:00 Coping With Life Changes—LC (Claire) 7:00 Rock Painting - AR (Cass)</p>	<p>5 1:00 Walking Group, Leisure - IR (Katie) 2:30 Spanish Class—LC (Lila) 2:30 Coffee Shop—DR (Mollie) 6:30 Trivia Group—LC (Cass) 7:00 Chair Yoga—FC (Jasmine)</p>	<p>6 10:00 3rd Floor AM Wake-up—3FTV (Nick) 12:45 Dual Diagnosis Process—LC (Emily, Taya) 3:30 Men's Discussion Group—LC Haoseng 3:45 The 15 Minute Break Group—AR (Rob) 6:30 Games Group—AR (Tony) 7:00 Letters From Andrew—LC (Katie V) 7:00 Voices Heard Community Choir - DR</p>	<p>7 10:00 AM Wake-Up - DR (Mollie) 1:30 3rd Floor Card Games - 3FTV (Cass) 2:00 Block Printing - AR (Katie) C 2:30 Community Council Board Meeting - LC (Mollie, Mary Pat, Shayna) 3:30 Interpersonal Skills Group - CR (Nicole, Shayna) 6:45 Resident Peer Support—LC 7:00 Chair Yoga—FC (Jasmine) 7:00 3rd Floor Movie Night - 3FTV (Nick G) 7:15 Chemical Health Group—LC (Emily C) 7:30 BINGO—DR (Tony)</p>	<p>8 1:00 Art Group—Painting—AR (Mollie) 2:30 Women's Discussion Group - LC (Nicole) 2:30 Free Art—AR (Mollie) 3:00 Queer and Straight Alliance Group—LC (Blake, Felix) 3:30 DBT Skills - LC (Shayna, Taya) 4:00 Cultural Tapestry—LC (Nicole) 7:15 Root Beer Floats and a Movie - DR (Katie)</p>	<p>9 1:00 Shopping Walmart—IR (Rob) 2:00 Saturday Social - DR (Social Workers)</p> <p style="text-align: center;">SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION</p>
<p>10 2:00 Caribou Coffee—DR (Rob)</p> <p style="text-align: center;">SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION</p>	<p>11 2:00 Shopping at Target—IR (Mollie) 2:30 Jewelry Making - DR (Katie) 3:00 Cribbage Group—AR (Rob) 3:00 Interpersonal Skills Group—CR (Shayna, Nicole) 3:30 Chemical Health Process—LC (Emily C) 4:00 Coping With Life Changes—LC (Claire)</p>	<p>12 1:00 Metro Transit Travels—IR (Katie) 3:00 Jogging My Memory—LC (Taya) 2:30 Coffee Shop—DR (Mollie) 3:30 Coping with Anxiety/Depression—AR (Shayna) 6:30 Trivia Group—LC (Cass) 7:00 Chair Yoga—FC (Jasmine)</p>	<p>13 10:00 3rd Floor AM Wake-up—3FTV (Nick) 12:45 Dual Diagnosis Process—LC (Emily, Taya) 3:30 Men's Discussion Group—LC (Haoseng) 3:45 The 15 Minute Break Group—AR (Rob) 6:30 Games Group—AR (Tony) 7:00 Letters From Andrew—LC (Katie V) 7:00 Voices Heard Community Choir - DR</p>	<p>14 10:00 AM Wake-Up - DR (Mollie) 2:30 Floor Meetings on each floor 3:30 Interpersonal Skills Group - CR (Nicole, Shayna) 6:45 Resident Peer Support—LC 7:00 Chair Yoga—FC (Jasmine) 7:00 3rd Floor Movie Night - 3FTV (Nick G) 7:15 Chemical Health Group—LC (Emily C) 7:30 BINGO—DR (Tony)</p>	<p>15 2:00 Block Printing—AR (Katie) 2:30 Women's Discussion Group - LC (Nicole) 2:30 Free Art—AR (Mollie) 3:00 Queer and Straight Alliance Group—LC (Blake, Felix) 3:30 DBT Skills - LC (Shayna, Taya) 4:00 Cultural Tapestry—LC (Nicole)</p>	<p>16 2:00 Saturday Social - DR (Social Workers)</p> <p style="text-align: center;">SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION</p>
MAJOR ROOM CLEANING WEEK 10—14						
<p>17 2:00 Cake Decorating and a Movie—DR (Mollie)</p> <p style="text-align: center;">SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION</p>	<p>18 2:30 Jewelry Making - DR (Katie) 3:00 Cribbage Group—AR (Rob) 3:00 Interpersonal Skills Group—CR (Shayna, Nicole) 3:30 Chemical Health Process—LC (Emily C) 4:00 Coping With Life Changes—LC (Claire) 7:00 Rock Painting - AR (Cass)</p>	<p>19 1:00 Metro Transit Travels—IR (Katie) 2:30 Spanish Class—LC (Lila) 3:00 Jogging My Memory—LC (Taya) 3:30 Coping with Anxiety/Depression—AR (Shayna) 6:30 Trivia Group—LC (Cass) 7:00 Chair Yoga—FC (Jasmine)</p>	<p>20 10:00 3rd Floor AM Wake-up—3FTV (Nick) 12:45 Dual Diagnosis Process—LC (Emily, Taya) 3:30 Men's Discussion Group—LC (Haoseng) 6:30 Games Group—AR (Tony) 7:00 Letters From Andrew—LC (Katie V) 7:00 Voices Heard Community Choir - DR</p>	<p>21 1:30 3rd Floor Card Games - 3FTV (Cass) 2:00 Block Printing - AR (Katie) C 2:30 Community Council Board Meeting - LC (Mollie, Mary Pat, Shayna) 3:30 Interpersonal Skills Group - CR (Nicole, Shayna) 6:45 Resident Peer Support—LC 7:00 Chair Yoga—FC (Jasmine) 7:00 3rd Floor Movie Night - 3FTV (Nick G) 7:15 Chemical Health Group—LC (Emily C) 7:30 BINGO—DR (Tony)</p>	<p>22 3:00 Queer and Straight Alliance Group—LC (Blake, Felix)</p>	<p>23 2:00 Saturday Social - DR (Social Workers)</p> <p style="text-align: center;">SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION</p>
<p>24 SEE POSTERS FOR WEEKEND ACTIVITIES INFORMATION</p>	<p>25 <p style="text-align: center;">SEE POSTERS FOR ACTIVITIES</p> </p>	<p>26 2:30 Spanish Class—LC (Lila) 3:00 Jogging My Memory—LC (Taya) 2:30 Coffee Shop—DR (Mollie) 6:30 Trivia Group—LC (Cass) 7:00 Chair Yoga—FC (Jasmine)</p>	<p>27 10:00 3rd Floor AM Wake-up—3FTV (Nick) 12:45 Dual Diagnosis Process—LC (Emily, Taya) 3:30 Men's Discussion Group—LC (Haoseng) 6:30 Games Group—AR (Tony) 7:00 Letters From Andrew—LC (Katie V) 7:00 Voices Heard Community Choir - DR</p>	<p>28 10:00 AM Wake-Up - DR (Mollie) 1:30 3rd Floor Card Games - 3FTV (Cass) 2:00 Block Printing - AR (Katie) 3:30 All Resident Meeting - DR (Mollie, Mary Pat, Shayna) 3:30 Interpersonal Skills Group - CR (Nicole, Shayna) 6:45 Resident Peer Support—LC 7:00 Chair Yoga—FC (Jasmine) 7:00 3rd Floor Movie Night - 3FTV (Nick G) 7:15 Chemical Health Group—LC (Emily C) 7:30 BINGO—DR (Tony)</p>	<p>29 2:30 Women's Discussion Group - LC (Nicole) 2:30 Free Art—AR (Mollie) 3:00 Queer and Straight Alliance Group—LC (Blake, Felix) 3:30 DBT Skills - LC (Shayna, Taya) 4:00 Cultural Tapestry—LC (Nicole)</p>	<p>30 2:00 Saturday Social - DR (Social Workers)</p> <p style="text-align: center;">SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION</p>