











Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1  10:00 AM Wakeup—DR (Nick, John) 10:30 CBT Group—CR (Avery) 12:45 Dual Diagnosis Process—LC (Emily, Taya) 2:00 Computers—AR (Mollie and resident Brian) 3:30 Men's Discussion Group—LC (Haoseng, Willy) 3:45 The 15 Minute Break Group—AR (Rob) 4:00 Independent Self-Care—LC (Lila) 6:30 Games Group—DR (Tony) 7:00 Letters From Andrew—LC (Katie V) 7:00 Voices Heard Community Choir - DR	2 10:00 Ukulele Group—CR (Melissa) 10:00 AM Wake-Up—DR (Mollie) 3:00 Interpersonal Skills Group - CR (Nicole, Shayna) 3:45 Spiritual Care Group—AR (Rob) 6:45 Resident Peer Support—LC 7:00 3rd Floor Movie Night - 3FTV (Nick G) 7:15 Chemical Health Group—LC (Emily C) 7:30 BINGO—DR (Tony)	3 12:30 Healthy Relationships—CR (Avery) 2:30 Anger Management—CR (Willy, Connor) 2:30 Free Art—AR (Mollie)	4 2:00 Shopping Target—IR (Mollie) 2:00 Saturday Social—DR (Social Workers) SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION
5  2:00 Video Game Group—AR (resident run) 2:00 Half Price Books 'n Dunkin—IR (Mollie) SEE POSTERS FOR ADDITIONAL	6 10:00 Jogging My Memory—LC (Taya) 2:00 Aerobic Walking—IR (Rob) 2:30 Jewelry Making - DR (Katie) 3:00 Interpersonal Skills Group—CR (Shayna, Nicole) 3:30 Chemical Health Process—LC (Emily C) 4:00 Coping With Life Changes—LC (Claire) 7:30 Rock Painting - AR (Cass)	7 2:15 Spanish Class—LC (Lila) 3:00 Coping with Anxiety/Depression—LC (Shayna) 4:30 Trivia Group—AR (Cass) 6:30 Karaoke—AR (Cass) 	8 10:00 AM Wakeup—DR (Nick, John) 10:30 CBT Group—CR (Avery) 12:45 Dual Diagnosis Process—LC (Emily, Taya) 2:00 Computers—AR (Mollie and resident Brian) 3:30 Men's Discussion Group—LC (Haoseng, Willy) 3:45 The 15 Minute Break Group—AR (Rob) 4:00 Independent Self-Care—LC (Lila) 6:30 Games Group—DR (Tony) 7:00 Letters From Andrew—LC (Katie V) 7:00 Voices Heard Community Choir - DR (Melissa)	9 10:00 Ukulele Group—CR (Melissa) 10:00 AM Wake-Up—DR (Mollie) C 2:00 Community Council Board Meeting - LC (Mollie, Shayna) 3:00 Interpersonal Skills Group - CR (Nicole, Shayna) 3:45 DBT Skills—LC (Taya) 3:45 Spiritual Care Group—AR (Rob) 6:45 Resident Peer Support—LC 7:00 3rd Floor Movie Night - 3FTV (Nick G) 7:15 Chemical Health Group—LC (Emily C) 7:30 BINGO—DR (Tony)	10 12:30 Healthy Relationships—CR (Avery) 2:30 Anger Management—CR (Willy, Connor) 2:30 Free Art—AR (Mollie) 3:00 Shopping Dollar Store—IR (Cass) 4:00 Cultural Tapestry—AR (Nicole)	11 2:00 Saturday Social—DR (Social Workers) SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION
12  2:00 Video Game Group—AR (resident run) SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION	13 10:00 Jogging My Memory—LC (Taya) 2:00 Shopping at Wal-mart—IR (Mollie) 2:00 Aerobic Walking—IR (Rob) 2:30 Jewelry Making - DR (Katie) 3:00 Interpersonal Skills Group—CR (Shayna, Nicole) 3:30 Chemical Health Process—LC (Emily C) 4:00 Coping With Life Changes—LC (Claire) 7:30 Rock Painting - AR (Cass)	14 2:15 Spanish Class—LC (Lila) 3:00 Coping with Anxiety/Depression—LC (Shayna) 4:30 Trivia Group—AR (Cass) 6:30 Karaoke—AR (Cass) 	15 10:00 AM Wakeup—DR (Nick, John) 10:30 CBT Group—CR (Avery) 12:45 Dual Diagnosis Process—LC (Emily, Taya) 2:00 Computers—AR (Mollie and resident Brian) 3:30 Men's Discussion Group—LC (Haoseng, Willy) 3:45 The 15 Minute Break Group—AR (Rob) 4:00 Independent Self-Care—LC (Lila) 6:30 Games Group—DR (Tony) 7:00 Letters From Andrew—LC (Katie V) 7:00 Voices Heard Community Choir - DR (Melissa) RESIDENT BIRTHDAY dinner	16 10:00 Ukulele Group—CR (Melissa) 10:00 AM Wake-Up—DR (Mollie) See signs Floor Meetings on each floor 3:00 Interpersonal Skills Group - CR (Nicole, Shayna) 3:45 DBT Skills—LC (Taya) 3:45 Spiritual Care Group—AR (Rob) 6:45 Resident Peer Support—LC 7:00 3rd Floor Movie Night - 3FTV (Nick G) 7:15 Chemical Health Group—LC (Emily C) 7:30 BINGO—DR (Tony)	17 12:30 Healthy Relationships—CR (Avery) 1:00 Shopping Wal-Mart—IR (Cass) 2:30 Anger Management—CR (Willy, Connor) 2:30 Free Art—AR (Mollie) 4:00 Cultural Tapestry—AR (Nicole)	18  2:00 Saturday Social—DR (Social Workers) SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION
MAJOR ROOM CLEANING WEEK 12 - 16						
19 2:00 Video Game Group—AR (resident run) SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION	20 10:00 Jogging My Memory—LC (Taya) 2:00 Aerobic Walking—IR (Rob) 2:30 Jewelry Making - DR (Katie) 3:30 Chemical Health Process—LC (Emily C) 4:00 Coping With Life Changes—LC (Claire) 7:30 Rock Painting - AR (Cass)	21 2:15 Spanish Class—LC (Lila) 4:30 Trivia Group—AR (Cass) 6:30 Karaoke—AR (Cass) 	22 10:00 AM Wakeup—DR (Nick, John) 12:45 Dual Diagnosis Process—LC (Emily, Taya) 2:00 Computers—AR (Mollie and resident Brian) 3:30 Men's Discussion Group—LC (Haoseng, Willy) 3:45 The 15 Minute Break Group—AR (Rob) 4:00 Independent Self-Care—LC (Lila) 6:30 Games Group—DR (Tony) 7:00 Letters From Andrew—LC (Katie V) 7:00 Voices Heard Community Choir - DR (Melissa)	23 10:00 Ukulele Group—CR (Melissa) 10:00 AM Wake-Up—DR (Mollie) C 2:00 Community Council Board Meeting - LC (Mollie, Shayna) 3:00 Interpersonal Skills Group - CR (Nicole, Shayna) 3:45 DBT Skills—LC (Taya) 3:45 Spiritual Care Group—AR (Rob) 6:45 Resident Peer Support—LC 7:00 3rd Floor Movie Night - 3FTV (Nick G) 7:15 Chemical Health Group—LC (Emily C) 7:30 BINGO—DR (Tony)	24 12:30 Healthy Relationships—CR (Avery) 2:30 Anger Management—CR (Willy, Connor) 2:30 Free Art—AR (Mollie) 4:00 Cultural Tapestry—AR (Nicole)	25 2:00 Saturday Social—DR (Social Workers) SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION
26 2:00 Video Game Group—AR (resident run) SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION	27  SEE POSTERS FOR ACTIVITIES INFORMATION	28 2:15 Spanish Class—LC (Lila) 3:00 Coping with Anxiety/Depression—LC (Shayna) 4:30 Trivia Group—AR (Cass) 	29 10:00 AM Wakeup—DR (Nick, John) 12:45 Dual Diagnosis Process—LC (Emily, Taya) 2:00 Computers—AR (Mollie and resident Brian) 3:30 Men's Discussion Group—LC (Haoseng, Willy) 3:45 The 15 Minute Break Group—AR (Rob) 4:00 Independent Self-Care—LC (Lila) 6:30 Games Group—DR (Tony) 7:00 Letters From Andrew—LC (Katie V) 7:00 Voices Heard Community Choir - DR (Melissa)	30 10:00 Ukulele Group—CR (Melissa) 10:00 AM Wake-Up—DR (Mollie) 2:00 All Resident Meeting - DR (Mollie, Shayna) 3:00 Interpersonal Skills Group - CR (Nicole, Shayna) 3:45 DBT Skills—LC (Taya) 3:45 Spiritual Care Group—AR (Rob) 6:45 Resident Peer Support—LC 7:00 3rd Floor Movie Night - 3FTV (Nick G) 7:15 Chemical Health Group—LC (Emily C) 7:30 BINGO—DR (Tony)	31 12:30 Healthy Relationships—CR (Avery) 2:30 Anger Management—CR (Willy, Connor) 2:30 Free Art—AR (Mollie) 4:00 Cultural Tapestry—AR (Nicole)	LOCATIONS: LC Learning Center MR Music Room CR Community Room DR Dining Room FSL Floor Small Lounge FTV Floor TV Lounge COM Commons FC Fitness Center IR Iris Room AR Activity Room *Community Groups meet by the Iris Room 1:1's with Living Skills Instructors 2nd Haoseng Thao 3rd Lila Weaver 4th Ryan Voiles 5th