Sun	Mon	Tue	Wed	Thu	Fri	Sat
1  12:00 Fall Harvest Orchard Outing—LB (Rob) 7:00 Sunday Night Hang-Out—AR (Resident) **SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION**	2 10:00 AM Wakeup—DR (Resident) 12:30 Chair Yoga—FC (Jasmine) 1:00 Grief and Loss—LC (Molly H) 2:00 Chess Group—AR (Resident) 2:00 Library Outing—LB (Logan) 2:30 Self-Esteem—AR (Bailey) 3:00 Coffee Shop and Letters From Andrew—DR (Lindsay)	3  10:00 AM Wakeup—DR (Staff) 1:00 Ukulele Group—CR (Ella) 1:30 GED Study Group—LC (Skylar) 2:00 Creative Writing—AR (Lindsay) 6:30 Interpersonal Skills—LC (Bailey) 7:00 Chemical Health—LC (Katie) 7:30 LGBTQ+ Support Group—LC (Katie)	4 10:00 AM Wakeup—DR (staff) 12:30 Chair Yoga—FC (Jasmine) 3:30 Men's Discussion—LC (Connor) 3:45 Tension to Tranquility—AR (Rob) 4:30 Coping with Hallucinations—LC (Molly) SEE LB AA/NA Meeting Outing—LB (Lindsay) 6:15 Stress Management—AR (Hayley) 7:00 Computer and Resume Group—AR (Abby) 7:00 Voices Heard Community Choir-DR (Melissa, Ella)	5 10:00 AM Wakeup —DR (staff) 10:30 Aging at Andrew—AR (Avery) 1:00 Yoga Flow—FC (Jasmine) 1:00 Women's Discussion—AR (Linda) 1:30 GED Study Group—AR (Skylar) 2:00 Interpersonal Skills—AR (Connor) C 2:00 **Community Council Board—AR (Mary Pat, Mollie)** 3:45 Spiritual Care—AR (Rob) 6:45 Resident Peer Support—LC (Resident) 7:30 BINGO—DR (Logan)	6 10:00 AM Wakeup—DR (Resident) 10:15 DBT Skills—LC (Molly H) 12:30 Chemical Health—LC (Katie) 12:45 Health Relationships—AR (Avery) 1:00 LGBTQ+ Support Group—LC (Katie) 1:45 Internet Safety—AR (Hayley) 2:30 Free Art/Jewelry Making—AR (TRs) 2:30 Anger Management—CR (Connor) 3:00 Coping with Life Changes—AR (Bailey) 7:00 Friday Night Movie Night—FTV (TRs)	7 2:00 Saturday Social—DR (Social Workers) 7:15 Movie Night—DR (Logan) **SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION**
8 2:00 Art Museum—LB (Logan) 7:00 Sunday Night Hang-Out—AR (Resident) **SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION**	9 10:00 AM Wakeup—DR (Resident) 12:30 Chair Yoga—FC (Jasmine) 1:00 Grief and Loss—LC (Molly H) 2:00 Chess Group—AR (Resident) 2:00 Library Outing—LB (Logan) 2:30 Self-Esteem—AR (Avery) 3:00 Coffee Shop and Letters From Andrew—DR (Lindsay) 3:30 Cultural Tapestry—AR (Bailey)	10 10:00 AM Wakeup—DR (Staff) TBD Movie Outing—LB (Logan) 1:00 Ukulele Group—CR (Ella) 1:30 GED Study Group—LC (Skylar) 6:30 Interpersonal Skills—LC (Bailey) 7:00 Chemical Health—LC (Katie) 7:30 LGBTQ+ Support Group—LC (Katie)	11  See signs for today's activities	12 10:00 AM Wakeup —DR (staff) 10:30 Aging at Andrew—AR (Avery) 1:00 Yoga Flow—FC (Jasmine) 1:00 Women's Discussion—AR (Linda) 2:00 Interpersonal Skills—AR (Connor) See sign Floor Meetings (Floor Staff) 3:45 Spiritual Care—AR (Rob) 6:45 Resident Peer Support—LC (Resident) 7:30 BINGO—DR (Logan)	13 10:00 AM Wakeup—DR (Resident) 10:15 DBT Skills—LC (Molly H) 12:30 Chemical Health—LC (Katie) 12:45 Health Relationships—AR (Avery) 1:00 LGBTQ+ Support Group—LC (Katie) 1:45 Internet Safety—AR (Hayley) 2:30 Free Art/Jewelry Making—AR (TRs) 2:30 Anger Management—CR (Connor) 3:00 Coping with Life Changes—AR (Bailey) 7:00 Friday Night Movie Night—FTV (TRs)	14 2:00 Saturday Social—DR (Social Workers) **SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION**
15 1:00 Chemical Health—LC (Katie) 1:30 LGBTQ+ Support Group—LC (Katie) 7:00 Sunday Night Hang-Out—AR (Resident) **SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION**	16 10:00 AM Wakeup—DR (Resident) 12:30 Chair Yoga—FC (Jasmine) 1:30 Jog My Memory—AR (Katarina) 2:00 Chess Group—AR (Resident) 2:00 Library Outing—LB (Logan) 2:30 Self-Esteem—AR (Bailey) 3:00 Coffee Shop and Letters From Andrew—DR (Lindsay) 3:30 Cultural Tapestry—AR (Avery)	17 10:00 AM Wakeup—DR (Staff) 12:30 Coping with Anxiety/ Depression—AR (Katarina) 1:00 Swimming—LB (Rob) 1:00 Ukulele Group—CR (Ella) 1:30 GED Study Group—LC (Skylar) 2:00 Creative Writing—AR (Lindsay) 6:30 Interpersonal Skills—LC (Bailey)	18 10:00 AM Wakeup—DR (staff) 12:30 Chair Yoga—FC (Jasmine) 3:30 Men's Discussion—LC (Connor) 3:45 Tension to Tranquility—AR (Rob) 4:30 Coping with Hallucinations—LC (Molly) SEE LB AA/NA Meeting Outing—LB (Lindsay) 6:15 Stress Management—AR (Hayley) 7:00 Computer and Resume Group—AR (Abby) 7:00 Voices Heard Community Choir-DR (Melissa, Ella)	19 10:00 AM Wakeup —DR (staff) 10:30 Aging at Andrew—AR (Avery) 1:00 Yoga Flow—FC (Jasmine) 1:00 Women's Discussion—AR (Linda) 1:30 GED Study Group—AR (Skylar) 2:00 Interpersonal Skills—AR (Connor) C 2:00 **Community Council Board—AR (Mary Pat, Mollie)** 3:45 Spiritual Care—AR (Rob) 6:45 Resident Peer Support—LC (Resident) 7:30 BINGO—DR (Logan)	20 10:00 AM Wakeup—DR (Resident) 10:15 DBT Skills—LC (Molly H) 12:30 Chemical Health—LC (Katie) 12:45 Health Relationships—AR (Avery) 1:00 LGBTQ+ Support Group—LC (Katie) 1:45 Internet Safety—AR (Hayley) 2:30 Free Art/Jewelry Making—AR (TRs) 2:30 Anger Management—CR (Connor) 3:00 Coping with Life Changes—AR (Bailey) 7:00 Friday Night Movie Night—FTV (TRs)	21 2:00 Jim Shaw—Piano Concert—DR (Rob) 2:00 Saturday Social—LC (Social Workers) **SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION**
22 1:30 Como Zoo Conservatory—LB (Rob) 7:00 Sunday Night Hang-Out—AR (Resident) **SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION**	23 10:00 AM Wakeup—DR (Resident) 12:30 Chair Yoga—FC (Jasmine) 1:00 Grief and Loss—LC (Molly H) 1:30 Jog My Memory—AR (Katarina) 2:00 1/2 Price Books n Dunkin' - LB 2:00 Chess Group—AR (Resident) 2:00 Library Outing—LB (Logan) 2:30 Self-Esteem—AR (Avery) 3:00 Coffee Shop and Letters From	24 10:00 AM Wakeup—DR (Staff) 12:30 Coping with Anxiety/ Depression—AR (Katarina) 1:00 Ukulele Group—CR (Ella) 1:30 GED Study Group—LC (Skylar) 6:30 Interpersonal Skills—LC (Bailey) 7:00 Chemical Health—LC (Katie) 7:30 LGBTQ+ Support Group—LC (Katie)	25 10:00 AM Wakeup—DR (staff) 12:30 Chair Yoga—FC (Jasmine) 3:30 Men's Discussion—LC (Connor) 4:30 Coping with Hallucinations—LC (Molly) SEE LB AA/NA Meeting Outing—LB (Lindsay) 6:15 Stress Management—AR (Hayley) 7:00 Computer and Resume Group—AR (Abby) 7:00 Voices Heard Community Choir-DR (Melissa, Ella)	26  See signs for activities today	27 10:00 AM Wakeup—DR (Resident) 10:15 DBT Skills—LC (Molly H) 12:45 Health Relationships—AR (Avery) 1:45 Internet Safety—AR (Hayley) 2:30 Free Art/Jewelry Making—AR (TRs) 3:00 Coping with Life Changes—AR (Bailey) 7:00 Friday Night Movie Night—FTV (TRs)	28 2:00 Saturday Social—DR (Social Workers) **SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION**
29 7:00 Sunday Night Hang-Out—AR (Resident) **SEE POSTERS FOR ADDITIONAL WEEKEND ACTIVITIES INFORMATION**	30 10:00 AM Wakeup—DR (Resident) 12:30 Chair Yoga—FC (Jasmine) 1:00 Grief and Loss—LC (Molly H) 1:30 Jog My Memory—AR (Katarina) 2:00 Chess Group—AR (Resident) 2:00 Library Outing—LB (Logan) 3:00 Coffee Shop and Letters From Andrew—DR (Lindsay) 3:30 Cultural Tapestry—AR (Avery)					

MAJOR ROOM CLEANING WEEK Sunday 8/8 - Thursday 8/12

LOCATIONS:
LC Learning Center
MR Music Room
CR Community Room
DR Dining Room
FSL Floor Small Lounge
FTV Floor TV Lounge
COM Commons
FC Fitness Center
IR Iris Room
AR Activity Room
LB Leisure Book
C = Closed group
Community Groups meet by the Iris Room

1:1's with Living Skills Instructors
2nd Skylar Bell
3rd Abby Adamski
4th Melanie Dombrovski
5th Lily Betros

